

FLAT / INCLINE COMBO. BENCH

JNRBR-1060

- ◆ The Flat Incline Combo Bench makes it possible to train Flat and Incline bench press in the same unit. It includes a platform at the rear for a spotter.

- ◆ **DIMENSION:**
Length : 78 inches / 198 cms
Width : 86 inches / 218 cms
Height : 55 inches / 140 cms

- ◆ **MUSCLE WORKED:**
Pectoralis Major
Anterior Deltoids
Triceps Brachii

